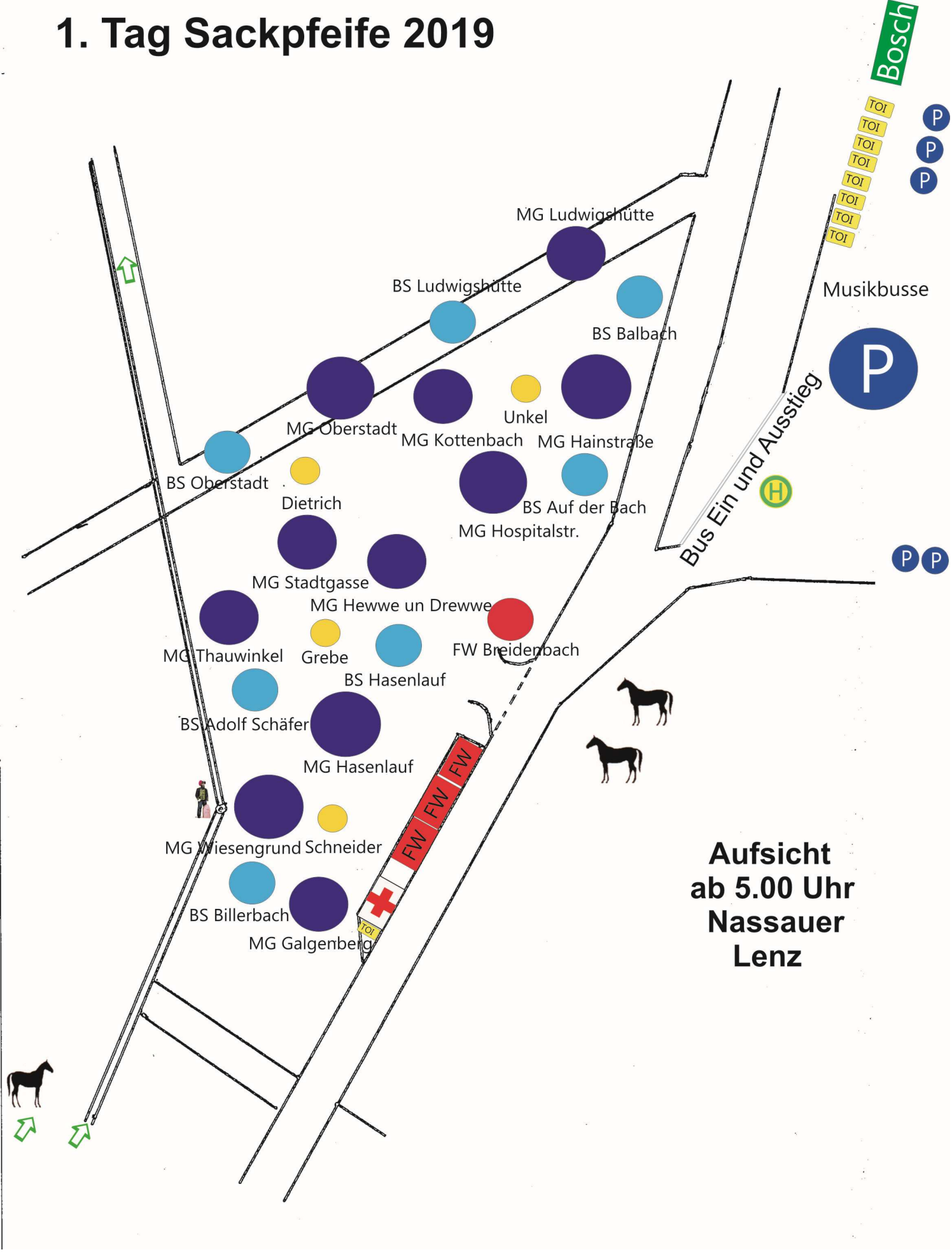1. Tag Sackpfeife 2019